

# Iowa State University

## Medical Insurance Premiums

Beginning January 1, 2026	BlueHMO		BluePPO	
	Employee Monthly Premium	University's Monthly Premium	Employee Monthly Premium	University's Monthly Premium
Employee only	<b>\$50</b> <b>(up \$5)</b>	\$769 <b>(up \$16)</b>	<b>\$84</b> <b>(up \$8)</b>	\$754 <b>(up \$13)</b>
Employee and spouse/partner	<b>\$239</b> <b>(up \$22)</b>	\$1,640 <b>(up \$25)</b>	<b>\$411</b> <b>(up \$38)</b>	\$1,505 <b>(up \$10)</b>
Employee and child(ren)	<b>\$165</b> <b>(up \$15)</b>	\$1,304 <b>(up \$22)</b>	<b>\$283</b> <b>(up \$26)</b>	\$1,212 <b>(up \$11)</b>
Employee and family	<b>\$331</b> <b>(up \$31)</b>	\$2,060 <b>(up \$29)</b>	<b>\$575</b> <b>(up \$53)</b>	\$1,882 <b>(up \$9)</b>
Double Spouse/partner family	<b>\$215</b> <b>(up \$20)</b>	\$2,176 <b>(up \$40)</b>	<b>\$367</b> <b>(up \$34)</b>	\$2,090 <b>(up \$28)</b>