

# READY, SET, RETIRE!

## ABOUT READY, SET, RETIRE!

Ready, Set, Retire! is a free workshop geared toward Iowa State employees 55 years of age and older who are nearing retirement. Relevant presentations are given by Iowa State benefits professionals and subject matter experts from several retirement-related programs. This workshop is offered four times a year on a seasonal basis.

**The workshop is very helpful and made me think about what I'm doing now as opposed to what I should be doing. I am looking forward to my retirement.**



- Ready, Set, Retire! participant

## HOW TO REGISTER

Email invitations are sent to all benefits-eligible employees over the age of 55, typically one month before the next scheduled workshop. A link to register is included in the email. If you are over 55 and do not receive these emails, please contact [benefits@iastate.edu](mailto:benefits@iastate.edu).

## UPCOMING DATES

**May 16-17**  
**August 22-23**  
**October 17-18**

## PRESENTATIONS

### Medicare and SHIP Resources

Medicare eligibility, enrollment, and costs, your Medicare choices, financial assistance, and more

### ISU Retirement Benefits

Retirement process, qualifying for ISU retiree insurance, plan comparisons, and more

### Social Security with TIAA

Social Security basics, including eligibility, how to apply, how your benefit is calculated, and strategies for claiming benefits

### Emotional Aspects of Retirement

Potential difficulties of retirement and adapting to the life change

### IPERS

Ins and outs of IPERS: how it works, contributions, retirement estimates, and more

### TIAA Retirement Income Options

Five steps to creating a retirement income plan

## SESSION RECORDINGS

If you are unable to attend Ready, Set, Retire! live, you are able to view presentation recordings, PowerPoint slides, and additional resources on the [Financial WellBeing webpage](#).

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