

# Save money while improving your life

Looking for ways to help improve your life—financially, mentally, and physically? These discounts and services are available through your group benefits from Principal<sup>®</sup>. **These discounts are not insurance.** 

Laser	Vision
Corre	ction

**Imagine your life free from glasses and contacts.** You, your spouse, and dependent children save \$800 off LASIK through the National Lasik Network, administered by LCA-Vision, Inc.

principallasik.com | 888-647-3937

## Hearing Aid Program

**Protect your hearing health to improve your quality of life.** You, your spouse, children, parents, and grandparents can get exclusive discounts up to 48% off on hearing aids, including rechargeable and Bluetooth options, with a 60-day trial to ensure your full satisfaction. You can also receive a free hearing consultation at any of their 3,000+ locations nationwide.

principal.com/hearingbenefits/ahb | 877-890-4694

### Emotional health support line

**Get help when you're feeling overwhelmed or need support.** You, your spouse, and dependent children can call this free, confidential support line 24 hours a day, 7 days a week to reach licensed behavioral health clinicians who will provide emotional support, tips for healthy coping, and referrals to local resources. If your employer offers an Employee Assistance Program (EAP), use those resources instead.

800-424-4612

Available with your disability insurance

#### Employee Assistance Program

**Count on help to be there when you need it.** From concerns like decreasing stress to more complex issues such as divorce, your Employee Assistance Program provides recommendations and information to help you with life's everyday, and not so everyday, challenges.

You and your family household members have access to free, confidential service, as well as referrals to supportive and community resources, from Magellan Healthcare.

800-450-1327

Available with your life insurance

#### Travel Assistance

**Ease some of the worries of traveling—whether in the U.S. or internationally.** You, your spouse, and dependent children have access to a variety of benefits provided through AXA Assistance<sup>1</sup>. These services include travel and medical assistance plus emergency medical evacuation benefits.

Assistance is available for travel 100+ miles away from home for up to 120 consecutive days. Available with group term life insurance only.

principal.com/travelassistance

Will & Legal Document Center	Consider creating your simple legal documents online. These online resources and tools, provided by ARAG®2, are easy-to-use. You and your spouse can create, print, and store essential legal documents—such as a will, living will, healthcare power of attorney, durable power of attorney, and medical treatment authorization for minors. Plus, you can access estate planning tools and a personal information organizer. principal.araggroup.com  Enter your group policy number: 1116190
Identity Theft Kit	Be proactive in protecting one of your most important assets—your identity. If your identity is stolen, despite your best efforts, you'll get valuable tips on how to restore it.  ARAGwills.com/Principal Enter your group policy number: 1116190
Beneficiary Support	<b>Get help coping with the death of a loved one.</b> Beneficiaries receive help coping with the emotions and financial decisions that surface when a loved one dies. Services include grief support from Magellan Healthcare and financial review from Principal®. Spouses and dependents receive three months of free online will preparation services provided by ARAG. <sup>2</sup> Information is provided after the loss of a loved one.

#### principal.com

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If your benefits are self-funded, your employer assumes financial responsibility for paying claims, and Principal® is contracted to administer the coverage on your employer's behalf.

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- Participants are responsible for any incurred fees or expenses. Indemnified transportation services are administered by AXA Assistance USA, Inc. and underwritten by a third party licensed insurance company.
- <sup>2</sup> The use of the services provided by ARAG Services, LLC should not be considered as a substitute for consultation with an attorney.

Principal and its affiliates are not responsible for any loss, injury, claim, liability, or damages related to the use of the discounts and services.